



# North Carolina USA Wrestling

Presents

## The 33<sup>rd</sup> Annual TAR HEEL STATE CLASSIC

Part of the

NC Top 50 Challenge

April 2<sup>nd</sup>-3<sup>rd</sup>

Jones Athletic Center, UNC-Pembroke, Pembroke NC

[www.uncp.edu/uncp/directions.htm](http://www.uncp.edu/uncp/directions.htm)

This event is a qualifier for the following events:

Team NC to East Coast Duals, Fairfax, VA

NC Schoolboy National Duals, Indianapolis, IN

NC Cadet /Jr. National Team, Fargo, ND July

NCUSA Cadet/Junior Team Wrestle Offs, Fayetteville, NC May 9

SE Regional, Atlanta, GA May 28-29

**REGISTER AND PAY ONLINE  
NO WALK-INS!!**

**Bronze Coaching Clinic  
Friday Night**

### ONLINE PRE-REGISTRATION & PAYMENT

[www.ncusaw.org](http://www.ncusaw.org)

REGISTRATION DEADLINE IS

10:00PM Thursday, April 1

Event is **OPEN** to **ALL WRESLERS**.

You **must pre-register** AND **prepay** to wrestle in this event.

You must register **separately** for each style (Greco and/or Freestyle) you intend to wrestle.

Event Director: Ed Duncan 828-766-6363

Site Director: Jamie Gibbs 910-775-4116 ofc

E-mail: [jamie.gibbs@uncp.edu](mailto:jamie.gibbs@uncp.edu)

Registration questions or problems contact: Elizabeth Carpenter @704-530-0585

### HOUSING INFORMATION

Host Hotel: Holiday Inn Express- Pembroke 910-521-1311

Ramada Inn, Lumberton, NC 910-738-8261

Located at Exit 20 off I-95 in Lumberton

Additional hotels: Comfort Inn 910-739-4800, Holiday Inn 910-671-1166 and others in the Lumberton Area.

### COMPETITOR INFORMATION

USA Wrestling Competitor Cards are required and are good nationally until September 1 2010. Membership may be purchased before the event online at [www.themat.com](http://www.themat.com)

Membership: \$35 (required for **ALL** Divisions)

Memberships should be purchased online prior to the event. Wrestlers should **bring a PRINTED COPY** of their 2010 Membership card to registration.

Event Registration Fee: **\$20 per style** **YOU MUST PRE-PAY** (\$5 Entry for **OPEN** Wrestlers)

**Changing Weights:** You may change weight classes up to the registration cut-off. *Once registration closes wrestlers will not be allowed to change weights.*

**Failure to make weight:** Any wrestler who fails to make the weight they registered for will be forfeited out of the tournament OR may pay **\$20 re-pairing fee** per style to be entered in the weight for which they qualify.

**2010 USA Weights will be used.** NCUSA reserves the right to combine weight classes and divisions if needed. (see back for specific weights/divisions)

Wrestlers qualifying for a spot on TeamNC should make their intentions to participate known ASAP. (more qualification information on back)

### EVENT SCHEDULE

Friday, April 2

4:00pm Doors Open

5:00-5:30pm Greco-Roman Weigh-ins (*Bantam-Jr.*)

Those wrestling both styles will not have to weigh in again on Saturday.

**NO FREESTYLE ONLY WEIGH-INS ON FRIDAY NIGHT.**

6:30-6:45 Greco Rules Clinic

6:00-10:00pm Bronze Coaches Clinic

7:00-10:30pm Bantam-Jr. Greco-Roman competition

9:00-Until FOLKSTYLE NATIONAL TEAMS WRESTLE OFFS

Saturday, April 4

7:00am Doors Open

8:00am-until Conclusion of Bantam-Jr. Greco-Roman competition and wrestle offs (If needed)

8:00-8:30am Freestyle weigh-ins for Bantam, Midget, Novice, Schoolboy and Girls divisions.

8:00-9:00 Open Division Greco/Freestyle Weigh-Ins/Registration

9:30am-until Freestyle competition for Bantam, Midget, Novice, Schoolboy and Girls.

10:00-until Open Division Greco followed by Freestyle competition

10:30-11:00am Freestyle weigh-ins for Cadet and Juniors

12:30pm-until Freestyle competition for Cadets and Juniors.

## SPECTATOR INFORMATION

Spectator Admission: **\$5 per day**

**Only coaches with valid USA Coaching cards allowed on the floor.**

Free Parking

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## COACHES INFORMATION

**Two Coaches Per Corner.** Coaches must hold 2010 Coaches Cards to coach at this event.

USA Coaches and working USWOA Officials are entitled to free admission with current membership card.

**Bronze Clinic: \$60** Please RSVP by Thursday at 10pm for the Bronze Clinic.

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## STYLES, DIVISIONS, & WEIGHTS

FILA RULES IN EFFECT. BEST 2 OF 3 PERIODS WINS.

3 x 2 minute periods for ALL divisions.

USA Wrestling 2009 Divisions and Weights are as follows:

**Bantam** (born 2002-2003): 40 45 50 55 60 65 70 75 75+

**Intermediate** (born 2000-2001): 50 55 60 65 70 75 80 87 95 103 112 120 120+

**Novice** (born 1998-99): 60 65 70 75 80 85 90 95 100 105 112 120 130 140 140+

**Schoolboy** (born 1996-97): 70 75 80 85 90 95 100 105 110 115 120 125 130 145 165 185 205 225 250

**Cadet** (born 1994-95): 84 91 98 105 112 119 125 130 135 140 145 152 160 171 189 215 275

**Junior** (born after 9/1/90 and in grades 9-12): 98 105 112 119 125 130 135 140 145 152 160 171 189 215 275

**Senior/Open** (born 1990 or before): 121 132 145.5 163 185 211.5 264.5

**GIRLS WEIGHTS/DIVISIONS**

**Schoolgirl** (born 1996-97): 66 70 74 81 88 97 105 114 125 136+

**Cadet Women** (born 1994-95): 83.75 88 94.75 101.75 108 114.5 123.5 132.25 143.25 154.25 170

**Junior Women** (born after 9/1/90 and in grades 9-12) 95, 102, 109, 116, 124, 132, 139, 146, 153, 165, 190, 220

See 2010 weight charts for additional details

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## RULES AND AWARDS & TEAM ENTRY INFORMATION

**Rules:** All divisions will use international freestyle, Greco and women's freestyle rules with USA Modifications.

**Individual Awards:** Medals to top four placers.

**Team Competition & Awards:** Small Club Division: 1-10 wrestlers. Large club division: 11 or more wrestlers. Top 2 clubs will be recognized in each division/style. Wrestlers earn classification points and 10-7-5-3 team points for placing 1-4.

**Club Entry:** No entry fee. Only Chartered NC Clubs are eligible for team awards. Club charter fee is \$50 and must be submitted prior to the beginning of competition on Friday.

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## NC TEAMS QUALIFICATION INFORMATION

Team qualification is specific to division, style, and weight class. Qualifying in Greco does not qualify you in Freestyle. Qualifying as a Cadet does not qualify you as a Junior. Qualifying at 160 does not qualify you at 171.

Non-refundable deposits are required to hold your spot on a team. **Deposits are due by MAY 8<sup>TH</sup> (State Tournament).**

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## NATIONAL TEAMS AND TRIPS

For NC National Team trip information contact:

Danny Hoy  
National Teams Director  
3119 Hickory Hill Rd  
Hendersonville, NC 28792  
1-704-576-0582 cell

Or Visit the National Teams Info Page at [www.ncwrestling.org](http://www.ncwrestling.org)

### Kids/Cadets/Junior Regional, Atlanta, GA

#1-6 from Tar Heel State Classic\* and State Championships are invited. Divisions are Midget, Novice, Schoolboy, Cadet, and Junior. Cost: \$Entry Fee, with optional team package (\$75).

### East Coast Duals, Baltimore, MD

**From the Tar Heel State Classic**, the top NC wrestler in each Junior division weight is invited. You may qualify and wrestle both styles.

### Schoolboy National Duals, Indianapolis, IN

Top 4 of NCUSA Jr. High States, Tar Heel State Classic, and State FS/GR Championships are eligible. Wrestle offs May 16<sup>th</sup> if needed.

### NCUSA Dual Team Wrestle Offs

Top 4 finish in the Cadet or Junior division of Tar Heel State Classic, NCUSA State Championships, FILACadet Nationals, FILA Jr. Nationals, or any USA Wrestling Regional.

### Cadet/Junior National Duals, Rochester, MN/Enid, OK

Champion of NCUSA Dual Team Trials. Runner up is 1<sup>st</sup> alternate.

### Cadet/Junior Nationals, Fargo, ND

#1 & 2 from State Championships and #1 from Tar Heel State Classic\* invited.

### National Team Camp, UNC-G. (July 10-13) Invitation Only

All members of the National Teams are invited to Developmental camp.

\* **The Tar Heel State Classic is a multi-state event. You MUST finish #1 in your weight to qualify, not just #1 from North Carolina.**

\*\* Costs are approximate and may change due to adjustments for transportation

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**North Carolina USA Wrestling**

**PO BOX 730**

**Spruce Pine, NC 28777**

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